CURTIN PRIMARY SUN PROTECTION GUIDELINES

Purpose:
- to encourage students and staff to wear protective clothing and hats for outdoor activities, including excursions
- to increase school community awareness of skin cancer and practical means of protection (including good use of shade)
- to encourage responsible decision making about skin protection

Procedures:

Clothing and hats
1. When outside, all children and adults should wear a full brimmed or legionnaire style hat that protects face, ears and neck from the sun. Children without hats are restricted to full shade areas.
2. June and July are exempt (Hats Off Time) as Canberra has low ultra violet radiation levels at this time.
3. Dress code or school uniform which is sun-safe is encouraged. On occasions when school uniform is not worn, full shoulder protection is expected, with longer sleeved, collared clothing preferred.
4. Rash vests or similar are to be worn at swimming carnivals.

Sunscreen
1. We encourage parents to apply SPF rated 30+ sunscreen to children before school on skin that cannot be protected by clothing-particularly the face, ears neck and backs of ears, hands and lower arms and legs. If sandals are worn, tops of feet should be protected.
2. Teachers will remind primary aged children to re-apply personal sunscreen before outdoor activities or after two hours of extended exposure. Assistance will be given to younger children.
3. Sunscreen will be available for those who do not have personal supplies. Use by dates will be monitored.
4. If a child is allergic to sunscreen parents or carers must notify staff on the medical form completed at the beginning of each school year and provide a safe product if required.
5. Pre-schools will notify parents at the beginning of the year that teachers will assist children to apply their own sunscreen.

Sunglasses
If families provide sunglasses, wrap around Australian Standard compliant are preferred. These are labelled AS1067.

School Curriculum
Sun protection education is included in the delivery of daily programs. Staff act as role models for sun smart behaviour. Educational materials are available from the Cancer Council ACT web-site.

These guidelines are to be reviewed annually and communicated to parents on enrolment.

(Last reviewed May 2015)